

# Cuppa Cuppa

Words & Music  
by Wayne Dauer

## Swing

D A D A D A D A

Cup-pa, cup-pa, cup-pa, cup-pa, 1, 2, 3. Step, step, step, so care-ful - ly.

D A D A G A D

If my cup should slip or drop. Good-ness me, (clap) my game will stop.

## Game

- Children learn the song securely.
- Practise stepping to beats 1 and 3 of the bar only.
- Children form a standing circle. Each child is given a plastic cup which must be balanced on their head while stepping the beat (1 & 3) in a clockwise direction and later, for variety, counter clockwise. Children sing the song while walking. Any child that drops their cup is eliminated. A good idea is to sing the song only once for each round. If the cup remains in place the child gets a few seconds to relax prior the next round.
- To make the game more difficult, place obstacles around the circle for children to negotiate. For example, step over or on a chair, go around a music stand, bend under some fixture etc.
- The game keeps going until only a couple of children remain or alternately play a certain number of "rounds".